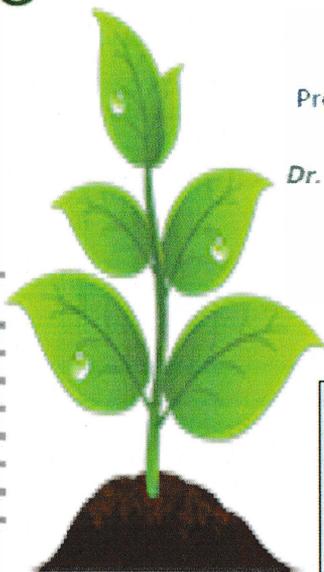


A Retreat at Saint George Greek Orthodox Church, Southgate

Thriving in Our Lives

Friday evening and
All-day Saturday,
January 26-27, 2018

Presented by author
and professor
Dr. Philip Mamelakis



Friday

6:00 pm Hors d'oeuvres,
dessert, coffee

7-8:30 pm Talk and Discussion

Saturday

9:00 am Coffee & light breakfast

9:30 am Session #1

11:00 am Break

11:30 am Session #2

12:30 pm Lunch

2-3:30 pm Session #3

God created us to thrive, as human beings, in intimate relationships with Him and others. However, it is heard to live in peace with one another in the home, in the family, and in the community. Join our conversation and discussion with Dr. Philip Mamelakis as he shares with us how Christ, through His Church, invites us to thrive in our homes, relationships, marriage, and parenting.

Friday Evening, 7:00 – 8:30

Thriving in Our Home

For many, Church is somewhere we go to experience the sights, sounds, and smells of Orthodoxy before we return to the 'real world' of our lives. How can we connect the reality of the Kingdom of God, as encountered in Church, to daily life at home, workplace, and school?

Saturday Mid-day, 11:30 – 12:30

Thriving in Our Relationships

It's easy to let the tasks and chores of daily life distract us from a deeper reality that God is inviting each of us, daily, to grow in His life and love through our relationships with others. We will explore this path and learn strategies for thriving in our daily lives.

Saturday Morning, 9:30 – 11:00

Thriving in Our Marriage

Explore the unique aspects of marriage as we understand it in the Orthodox Church. Many couples hope to live 'happily ever after,' but become discouraged as they face the normal struggles of marriage. Join us as we discuss God's plan for 'happily ever after,' looking at how to thrive in all intimate relationships.

Saturday Afternoon, 2:00 – 3:00

Thriving in Our Parenting

It's easy to wonder if our children will stay connected to the Church when they grow up, but it's hard to know the best way to respond. What can parents do to help kids grow and thrive as Orthodox Christians? We can't impose our faith on our kids, but we can foster an environment that will allow them to grow into children of God.

Dr. Philip Mamelakis, with his wife Georgia and seven children, lives in Boston, MA, where he is the Assistant Professor of



Pastoral Care at Holy Cross Greek Orthodox School of Theology. He is author of *The Journey of Marriage in the Orthodox Church* and the recently-released *Parenting Toward the Kingdom*. Dr. Mamelakis will be available for book signing, so bring your copy or purchase one at the retreat.

Attendance is free. Hosted by the Saint George Orthodox Parents & Adults organization. All adults, both married and single, are welcome. Some childcare is available on a first-come, first-served basis, with advance notice. Please call the Church office for details.

RSVP: www.stgeorgesouthgate.org or by phone: 734.283.8820 by Monday, January 22, 2018

Saint George
Greek Orthodox Church
A parish of the Metropolis of Detroit
Grecian Center-Apollo Hall
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