

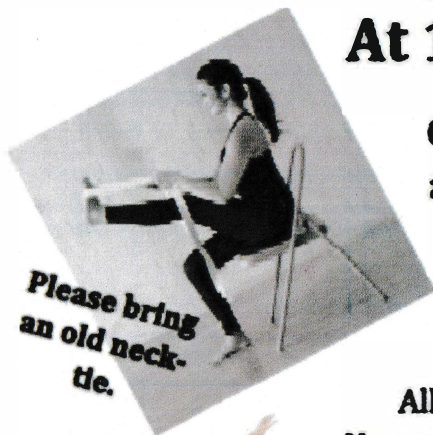


Silver Chair Yoga

Thursday, January 11th

At 10:30am

Come join us for a stretch
and balance workshop to
help jump start your
healthiest year.



All ages welcome!
No experience necessary!
Yoga mat optional.

All donations will go
towards The Nativity of
the Virgin Mary Church.

For more info please contact
Kalliana Basoukeas: 248-974-7823

